

HSBP Gr. 6 Lesson 1 – Plan for Success with S.M.A.R.T Goals

Lesson Tasks:

1. Create 6th Gr. S.M.A.R.T Goal
2. GR 6 Lesson 1 Survey – S.M.A.R.T Goals

Prepare:	<ul style="list-style-type: none"> • Need sticky notes for each class • Copy enough goal topic handouts for each class per day • Bring extra pencils for students as a “backup” <p>*Get to the classroom 10 MINUTES prior to the end of the previous class period and pull up the presentation.</p> <p>*Put up SLIDE 1 so students will see it as they walk in the door</p>
(10 min.) Lesson Launch:	<p>*(STAND AT THE DOOR TO THE CLASSROOM!)*</p> <p><i>As students walk in the door, give each of them a sticky note and verbal directions to check the instructions on the screen.</i></p> <p><i>On the sticky note, students need to write their guess for what two words are combined to create the word Naviance.</i></p>
(5 min.) Engage:	<p>Call on approximately 4-5 students to hear their guesses.</p> <p>*Show SLIDE 2</p> <p>Tell students that the two words combined are navigate and guidance.</p> <p>Explain to students that one of the roles of a counselor is to help students navigate throughout each grade and provide guidance along the way.</p> <p>*Show SLIDE 3 to show the lessons students will complete in 6th grade</p> <p>Tell students that the lessons they are completing in Naviance help them to plan for their future so they can reach their post-secondary goals.</p> <p>*Show SLIDE 8 & 9</p> <p>Tell students that Naviance is their online college and career planning tool that they will use from 6-12th grade and beyond. They can access it any time with an internet connection.</p> <p>Inform students that today they will complete their first lesson in Naviance.</p>
(20 min.) Creating a 6 th Gr. S.M.A.R.T Goal	<p>*Show SLIDE 10</p> <p>Ask students what the difference is between a goal and a wish?</p> <p>Call on approximately 2-3 students to provide their interpretations.</p> <p>*Show SLIDE 11</p> <p>Review with students the difference between a goal and a wish</p> <p>*Show SLIDE 12</p> <p>Discuss with students that today they will be using Naviance to create their 6th Gr. S.M.A.R.T Goal for the year.</p> <p>*Show SLIDE 13</p> <p>Talk with students about the three things 6th graders typically struggle with include attendance, organization, and time management.</p> <p>*Show SLIDE 16</p> <p>Pass out 6th Gr goal ideas handout to students and explain that students will now select the goal topic and a specific goal they want to work on this year.</p> <p>Review the different goal topics and specifics under each to make sure students understand.</p> <p>*Show SLIDE 18</p> <p>Log-in to Family Connection (*Use the link found on your Counseling page under QuickLinks)</p> <p>Username: student ID</p> <p>Password: last 4 digits of your student ID + 2 digits for the day you were born</p> <p>Example: 999321 *Remind students that all single digit birthdays begin with a leading zero.</p>

	<p><u>Log into DEMO account</u> have students follow along as you WALK THEM THROUGH STEP BY STEP to create their goal.</p> <p><u>Select 6th Grade S.M.A.R.T Goal</u> template from the drop-down arrow.</p> <p>**Choose your own topic as a counselor to demo and type in as you instruct students to follow along.</p> <p><i>My goal is:</i> Students enter the goal topic they circled on their handout</p> <p><i>Specific:</i> Students enter the specific goal they circled</p> <p><i>Measurable:</i> Students enter HOW they can <u>actually</u> measure their goal</p> <p><i>Achievable:</i> Students enter one sentence about why the goal is realistic for them</p> <p><i>Relevant:</i> Students enter one sentence about why their goal is important to them in 6th grade</p> <p><i>Timely:</i> Have students enter the end date of June 15, 2018 as a date that they will achieve this goal by. (This will be approximately the time when you will complete the goal evaluation with them)</p> <p><u>Demo & students follow along</u> to create one action step for approximately 2 weeks from the time the goal is set.</p> <p><u>Show</u> students how they can see their action steps in the To-Do's area.</p>
(5 min.) Survey	<p><u>*Show SLIDE 23</u></p> <p><u>Tell</u> students to Click on the MY PLANNER tab and then click TASKS ASSIGNED TO ME to complete the GR 6 Lesson Survey - 1 S.M.A.R.T Goals</p> <p><u>Instruct</u> students to either log off and PUT AWAY or log off and KEEP CHROMEBOOKS on their desks depending on if you will be in the same class for the next period</p>